

# Please tell me a little about yourself...

For an early pregnancy class

Tonight, I hope we learn about:  
*(please rank in order)*

- \_\_\_ Physical changes of pregnancy
- \_\_\_ Emotional changes of pregnancy
- \_\_\_ Sex during pregnancy
- \_\_\_ Nutrition
- \_\_\_ Exercise
- \_\_\_ Making choices during pregnancy
- \_\_\_ Growth & development of the baby
- \_\_\_ Natural childbirth
- \_\_\_ Other: \_\_\_\_\_

Name \_\_\_\_\_  
*(optional)*

What I know about birth, I have learned from:



Anything else that you would like me to know about you?

I like to learn by:  
*(please rank in order)*

- \_\_\_ PowerPoint slides with lecture
- \_\_\_ Lecture and discussion
- \_\_\_ Small group activities
- \_\_\_ Watching videos
- \_\_\_ Practicing in class
- \_\_\_ Reading at home
- \_\_\_ Playing games